

# The Other Faces of Allopathic Medicine

## How They Can Help Your Work

By Cyndi Dale

**We're all acquainted with allopathic medicine. Many allopathic physicians might even recommend your work as a massage therapist to their patients.** What you might not know is there are actually three allopathic healing models, and the principles of the two not currently in vogue might be of great use during your sessions. These alternative ideas are useful because they enable you to serve as an energy practitioner.

What does an energy practitioner do? Energy is information that vibrates, and it composes absolutely everything. American Medical Association-approved (AMA-approved) practitioners work with the most accepted form of energy, which is physical. Physical energy is concrete and measurable. An energy practitioner, however, also interacts with subtle energy, the invisible and immeasurable stuff of quantum physics that organizes physical reality. If you alter subtle energies, you can often quickly change what is happening in the physical world and also a client's body.

### WESTERN ALLOPATHIC MEDICINE

The most widely known allopathic medicine is largely based on Western principles. In other words, it offers what you go to the doctor for. As such, your typical medical provider will either treat or repress symptoms using medicine, radiation, or surgery.



If I have a broken bone, I certainly want to visit an allopathic physician and get it set. But that doctor isn't going to help me probe for the various reasons I might have broken my bone in the first place, or help me figure out how to heal it faster. Perhaps I injured myself because of emotional reasons or because I took on someone else's issues. Certainly, my doctor isn't going to figure out whether there are homeopathic or other vibrational remedies to ease my pain or quicken the healing process. But these and other energetic approaches, including a few I'll outline to be used in the massage profession, align with the two allopathic templates that never made the AMA "team."

### THE MICROBE APPROACH: SEEK AND DESTROY

The easiest way for me to compare the current allopathic model with two alternative ones is to focus on their approaches to microbes. The AMA means of dealing with a microbial infection can be summarized in a single phrase: seek and destroy. In fact, allopathic

researchers usually describe microbes as pathogens or parasitic organisms.

Many microbes, including bacteria, viruses, fungi, and protozoa, do cause disease. Why not kill them off if possible? One of the problems with this approach is that thousands of the body's microbial residents actively contribute to our well-being. In fact, most of the microbes in our microbiome, or gut, support good health—assisting with concerns including immunity, digestion, weight control, and disease resistance. We're lucky this is the case, since our microbiome's microbes outnumber our human cells 10 to one.<sup>1</sup>

The overall healing strategy of the AMA prototype is based on germ theory, which asserts that microbes or germs are the enemy and must be destroyed. This theory goes back centuries but is frequently credited to Louis Pasteur, who lived in the 19th century. After proposing that microorganisms initiate disease, he experimented with ways to eradicate them, also developing vaccines to boost our immune system.

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# Vibrational resonance and pleomorphism have much to provide, even in the massage room.

Pasteur wasn't wrong. Bacteria underlie ear infections and dental plaque; protozoans trigger malaria and sleeping sickness; fungi instigate ringworm and candidiasis; and viruses initiate influenza and AIDS. Complicating microbial dangers is the fact that some create biofilms, which are clumps of microbes that form a community around which a protective sheathing develops. Biofilms lead to hard-to-treat infections, such as Lyme disease and cystic fibrosis.<sup>2</sup>

Medical specialists are beginning to question this “raze-and-burn” approach to healing. Looking at the microbiome alone, researchers are discovering that it can be as important to add beneficial microbes to the system as it is to reduce the harmful ones. For instance, performing this intervention can assist with treating and preventing acne, diarrhea, asthma, multiple autoimmune diseases, various types of cancer, cavities, diabetes, depression and anxiety, ulcers, digestive diseases, obesity, and more.<sup>3</sup>

## WESTERN ALLOPATHIC MEDICINE VS. RESONANCE AND PLEOMORPHISM

Helping rather than hurting isn't the only idea that should be inserted into the allopathic model. There are two other distinct philosophies that ought to be resurrected by the Western system.

### Resonance

I can best explain the idea of *resonance* by illuminating the thinking of Georges Lakhovsky, a scientist, inventor, and author of *The Secret of Life*, originally published in 1939.<sup>4</sup> Lakhovsky's theory relates to his perception of the origin of life. Lakhovsky believed that the chemistry of all living beings is vibratory in nature and that optimum health and functioning is supported by the correct oscillations of heat, light, electricity, and magnetism. Every component of this earth has to vibrate at its correct frequency for balance and health to exist. Disease is therefore a product of the insertion of a harmful vibration.<sup>5</sup> Healing occurs when you cancel out the frequencies of the troublemaking microbes, restore the frequencies of a region's healthy cells, or undergo both endeavors.

### Pleomorphism

The second theory contrasting germ theory is *pleomorphism*, which professes that changes to a medium, moisture level, temperature, or other environmental factor can allow a toxic microbe to overtake a system.<sup>6</sup> If you create a healthier environment, better health emerges. But an even odder type of event can happen as a result of environmental surroundings: The ecosystem can transform a microbe from lethal to non-lethal or vice versa. It can also cause the microbe to change from one type to another.

A major purveyor of pleomorphism was Antoine Bechamp, a French scientist who lived in the late 1800s. He stated that the entirety of the planet is comprised of micro-anatomical elements. He called the most basic of these tiny living elements a *microzyma*, or “small ferment.” Bechamp said microzymas often change into bacteria, but bacteria can also revert back to their elemental state. The byproducts of this fermentation process include enzymes and other valuable substances, the existence of which can support good health. In regard to the microbiome, this controlled fermentation formulates health protectors that can build up the colon wall or digest foods. However, if the gut conditions aren't just right, such as occurs when the environment is too acidic, the fermentation process will backfire, and we'll become sick. Bechamp's hypothesis asserts that disease is a product of the environment.<sup>7</sup>

Another proponent of pleomorphism was the American scientist Royal Raymond Rife. During the 1930s, Rife invented a special type of microscope with a finer resolution than any other microscope—700 times finer. Through it, Rife observed the pleomorphic states of various microbes, categorized the frequencies of various microbes, and was

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able to spot the microzymas discussed above. Rife also identified 10 families of micro-life and showed that within each family, a single member could transform into another.

For instance, Rife watched a virus found within cancer tissue turn into a fungus, and then into a mold. He was also able to turn harmful microbes into beneficial or neutral ones and vice versa, all by altering the environment the microbes were placed in, such as by changing the frequencies of light they were exposed to.

Overall, Rife believed he demonstrated the basic laws of pleomorphism, showing that microbes don't cause disease by themselves. Rather, a microbe can evolve from harmless to morbid depending on the chemistry of the body.<sup>8</sup> Thus Rife combined the ideals of pleomorphism and resonance, suggesting there is a functional vibration for healthy cells and organisms and that it is only when the environment can't support this that challenges ensue.

Of course, the AMA model has much to offer. The use of surgery allows the body to recover from a calamity. Sometimes the best response to a disease process can be to wipe out the microbes. And if we have a headache, we certainly like the reprieve promised by a pain reliever, even if we have to take another one to remain pain-free. But the employment of vibrational resonance and pleomorphism have much to provide, even in the massage room.

## RESONANCE AND PLEOMORPHISM IN BODYWORK

Want to put some resonance and pleomorphism to work? You probably already do, but you can add to your “alternative allopathic healing kit” in these ways.

### Resonance Practice

The following practices can assist you with applying the principles of resonance in your healing practice.

Bust the block. When working on a painful or tense bodily area, hold your hand just over or on the most inflamed section. Then

tune into the negative energy. You don't need to analyze or define it or discover the cause of it; merely get a sense of the block. You might perceive it as hot, cold, heavy, dense, airy, or even as a color in your mind's eye. Basically, you are allowing your inner self or your hand to resonate with the frequency of the problem. Then, ask your inner self or your Higher Power to create a frequency that is mighty and strong enough to cancel out the negative frequency. Perceive that energy being directly sent into the problematic area or allow it to emanate from your hands into the site. You don't have to remain in position long; merely request that these guiding forces keep applying this cancel-out energy until it's not needed anymore. You can have your client participate in this exercise if you desire by joining you in nullifying the harmful frequencies.

Boost what's best. When working on a painful place on a client, take a moment and attune to that bodily area. Now imagine that this site is healthy and pain-free. If it feels comfortable to have the client assist, have them remember a time when this region was comfortable. If it's never felt good, ask them to imagine what that might be like. Then ask your inner self or your Higher Power to formulate a template—an invisible net made of invisible energies—that can resonate good health back into that area. You might feel a collection of wavy energies, hear a song or hum, or picture a matrix made of interwoven colors. Then, ask that guidance set this template into the painful region to convince all the healthy cells to return to well-being.

### Pleomorphism Practice

There are a lot of practical and esoteric ideas that can support healing during a session. Here are a few you might incorporate.

Pay attention to your massage room. Clients will be affected adversely or positively by your space. Make sure it is clean, uncluttered, and peaceful. Play calming music, if you desire, and keep the lighting low. Pay attention to the colors in this space. Based on my knowledge and use of colors as healing frequencies, pink and yellow promote joy. Blue encourages serenity, and green is a healing color. Browns and autumn tones are grounding, and pastels assist with ease. Red will stimulate pain, and orange will increase emotionalism, so I'd stick with the pleasant colors of the palette.

Encourage awareness. Ask your client if there are situations that predictably stir up pain, tension, or stress. How about settings, individuals, or circumstances? Encourage them to establish boundaries or decrease the time spent in these arenas if possible. Also, remind them that inflammation, microbial infections, digestive issues, immune challenges, and more are often the result of what we put in our body. Encourage them to look at diet and other lifestyle factors that can result in a healthier internal system. As well, bathing our bodies with good thoughts can go far in decreasing the acidity and other biochemical factors leading to stress-related problems.

Above all, surround yourself with the types of people, colors, and situations that increase your well-being. If you're in a good place, it will help your client achieve the same. **m&b**

### Notes

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